

Expedition Kit List

Use this list to make sure that you have everything you need for your kit check, practice expedition and final expedition.

Group Kit	Kit Check Carried By	Practice Exped Carried by	Final Exped Carried by
Tent Poles			
Tent Pegs			
Tent Fly Sheet			
Tent Inner			
Tent Repair Kit			
Map			
Compass			
Group First Aid Kit			
Poo Trowel			
Mobile Phone			
Trangia Stove			
Fuel			
Matches or Lighter or both			
Rubbish Bags—How many?			
†Camp water Storage			
Food—List Items			
Other Items			

† Optional Items

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Personal Kit	How Many?	Kit Check	Practice Exped	Final Exped
Rucksack	1			
Walking Boots	1 Pair			
Waterproof Jacket	1			
Waterproof Overtrousers	1			
Long Sleeve Base Layer Top				
Warm Mid Layer Fleece/Jumper				
Trousers/Leggings Full Length				
Underwear				
Socks				
Hat				
Gloves				
†T-Shirt				
†Shorts				
Dry Spare Clothes—Underwear				
Dry Spare Clothes—Socks				
Dry Spare Clothes—Long Sleeve Top				
Dry Spare Clothes—Trousers/Leggings				
Personal First Aid Kit	1			
Whistle	1			
Pen and Paper	1			
Torch	1			
Spare Batteries and bulb				
Emergency Bivvy Bag	1			
Emergency Food List Items				
Watch				
Plate and/or Bowl				
Eating Utensils				
†Pen Knife				

† Optional Items

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Personal Kit	How Many?	Kit Check	Practice Exped	Final Exped
Mug				
Water Bottle/Hydration Bladder				
Toilet Paper				
Nappy Sacks				
Small Plastic Bags				
Wash Kit				
Waterproof Dry bags				
†Sun Tan Lotion				
†Sunglasses				
†Travel Towel				
†Midge Net				
†Midge Repellent				
Snacks and Nibbles List Items				
Sleeping Bag				
Waterproof Stuff Sac				
Sleeping Mat				
†Compression Sac				
†Sleeping Bag Liner				
†Ear Plugs				
Other Items				

† Optional Items

Expedition Kit List

Use this page to make any notes about your kit. Comment about any kit you didn't use or you missed having. How did your kit perform? Do you need to put in an extra fleece? Anything that you need to remember between expeditions. What was the weight of your pack for each expedition? Can you reduce the weight without compromising safety? And so on.

Notes
